

WINTERGREEN CO-IMPACT SOURCING EXPEDITION: 2016 MAKAWANPUR DISTRICT, NEPAL

Nestled between China and India in southern Asia, Nepal boasts the greatest altitude variation on earth. From sea-level lowlands to towering Himalayan peaks, this charming nation attracts world travelers with its majestic landscapes, vibrant traditions, and warm embraces of spirited Nepalese natives.



Friday, March 24th

USA → Nepal

- Participants must arrive at Tribhuvan International Airport (TIA-KTM) in Kathmandu before 5:00PM on March 24th.
- Group transportation will be provided from (TIA) Kathmandu [Shambala Hotel](#) in Kathmandu for overnight accommodations (shared Double Rooms). Depending on arrival time, there will be opportunities to explore sites in Kathmandu. Staff and expedition leaders will provide a group orientation in the evening to discuss trip details. Dinner will be provided.

Saturday, March 25th

Kathmandu → Makwanpur District

- Breakfast served at hotel. Personal time to explore the town, attend local church services, or visit Buddhist Temple. Group transportation will then be provided to the developing region of Daman Makwanpur (4-5 hour distance). Lunch will be provided.
- Casual hike might be required before participants arrive at a gracious village to be greeted with a warm welcome celebration. Time available to unpack, rest, and interact with local residents. Dinner will be served. Overnight accommodations in Daman village in a school house. .

Sunday, March 26th - Tuesday, March 28th

Makwanpur District

- Breakfast served. Participants will learn about Co-Impact Sourcing and Wintergreen harvesting, while having opportunities to serve and interact with local residents. Lunch and dinner will be served. Participants will be able to see some of the Wintergreen essential oil supply chain, including visiting a local distillery, and witness the on-going rebuilding efforts after the 2015 earthquakes. Participation in the re-construction of an 8 classroom school house and discussions will promote intercultural exchanges between participants and native villagers. Accommodations provided inside the village schoolhouse and community center.

Wednesday, March 29th

Makwanpur District → Chitwan

- Breakfast served in village. Ceremonious farewell scheduled in the morning. Group bus transportation will then be provided to Chitwan (5-hour distance). Lunch and dinner will be provided. Established in 1973, Chitwan was the first national park of Nepal, later named a UNESCO World Heritage Site in 1984. Filled with diverse wildlife and vegetation, travelers come here to explore the 360 mi² of land and partake of various adventure activities. Overnight at a local park lodge.

Thursday, March 30th

Chitwan

- Breakfast served. Leisure activities inside Chitwan National Park. Options include canoe trip, hike, and elephant sanctuary.
- Cultural dinner performance and overnight in local park lodge.

Friday, March 31th

Chitwan → Kathmandu

- Breakfast served at hotel. Group transportation will be provided back to [Shambala Hotel](#) in Kathmandu via chartered flight (30 min). Time to tour Kathmandu before final group dinner and farewell. Group transportation provided to Tribhuvan International Airport (KTM) for flights to United States.

Saturday, April 1st

Nepal → USA

- Breakfast served at hotel. Possible time at leisure to explore Kathmandu before individual flights.
- Group transportation provided to Tribhuvan International Airport (KTM) for flights to United States.

\$2,000.00 per person (airfare not included)*

**Rates include hotel accommodations, certified group leaders, village lodging, village meals, project support, and local transportation.*